

## First Aid, CPR & AED TRAINING

1 pax - RM 998  
2 pax - RM1,598  
3 pax - RM2,198

(Price Excl. SST 8%)

5-6 Mar 2024  
9am-5pm

Safetyware Academy,  
Bukit Minyak, Penang

First Aider  
Card Provided



**DURATION:** 2 Days



### OBJECTIVE

At the end of the program, participant should be able to: -

- The objective of this course is to provide knowledge and skills in providing help and care to the ill and injured in the case of emergency at their workplace.



### TARGET LEARNERS

- Industrial and commercial Emergency Response Team (ERT) leaders and members

## PROGRAMME OUTLINE

### ◆ First Aid Priorities

- Action at Emergency - What to do, what not to
- Casualty Assessment - DRSABCD

### ◆ Cardiopulmonary Resuscitation

- Principles of Resuscitation
- ILCOR Resuscitation Guidelines
- One Rescuer CPR
- Automated External Defibrillator (AED)

### ◆ Breathing Difficulties

- Managing Patient Having Difficulty to Breathe

### ◆ Injuries

- Principles of Injuries Management
- Dressings and Bandages

### Medical Emergencies

- Medical Emergencies and Management

## CONDUCTED BY

### Mr Gan Hoo Kok

Mr Gan is a professional First Aid Trainer of St. John Ambulance of Malaysia. He is actively involved in various Non-Government Organisations, holding various leadership positions, of various levels. He has practical experiences in handling people, with minimal extrinsic motivations.

He is a Basic Life Support Instructor in Penang CPR Society, Advance Life Support Instructor in Penang CPR Society, Ambulance Medic of St. John Ambulance of Malaysia, Basic Ambulance Care Instructor Penang Hospital.

## Get In Touch :

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